

# SPA TREATMENTS

Located on the lower ground floor of The Victoria, easily accessed by either lift or stairs, is our refurbished spa area. This includes a heated swimming pool, spa bath, sauna, heated relaxation beds and a further relaxation area. Ladies and gentlemen's changing and shower facilities are available, together with robes and towels for your use whilst in the spa area.

**We are also delighted to offer you the following treatments which can be experienced in the comfort of the hotel. Treatments are for hotel residents only**

## KAYA WOODS (APNT, ITEC Dip, BCMA Reg)

Therapeutic and Holistic Treatments tailor-made to your Requirements (Diploma in Swedish Massage, Anatomy, Physiology and Indian Head Massage)

### RESTORATIVE MASSAGE

35 minutes £45    60 minutes £60    90 minutes £75

### DEEP TISSUE MASSAGE

60 minutes £65    90 minute £80

### HOT STONE MASSAGE

60 minutes £70    90 minutes £90

### AROMATHERAPY MASSAGE

Using 100% natural and organic Vital Touch pre-blended oils which are locally made in Bridport

35 minutes £45    60 minutes £65    90 minutes £80

### EXFOLIATION MASSAGE

35 minutes £45

### INDIAN HEAD MASSAGE

35 minutes £45

### THAI FOOT MASSAGE

35 minutes £45

### FACIAL REJUVENATION MASSAGE

35 minutes £45

### PREGNANCY MASSAGE

60 minutes £65

### VICTORIA HOTEL SIGNATURE TREATMENT

90 minutes £95

## INNERKALM - JULIE CREAN

(Member of the Federation of Holistic Therapists) (Citec Diploma in Holistic Massage, Anatomy and Physiology)

### AYURVEDIC & HOLISTIC MASSAGE TREATMENTS

Full Body - 90 minutes (approx) £55

Full or Part Body - 60 minutes (approx) £40

Part Body - 40 minutes (approx) £25

## NORAH MCCULLAGH

(Pure Face works B.A.B.T.A.C.)

Holistic Facials optimised for your skin. Tailored for all skin types. Using cutting edge, skin friendly products, free from Parabens, sulphates, fragrance chemicals and mineral oils. All treatments include therapeutic massage to head, neck and shoulders.

Longer treatments can incorporate extra lymphatic drainage massage and/or eyebrow reshape. For more information on these treatments, please see reception for a more detailed treatment guide.

### BESPOKE HOLISTIC FACIAL

60 minutes £60    75 minutes £70    90 minutes £80

### AYURVEDIC FACIAL (MARMA THERAPY)

60 minutes £60    75 minutes £70    90 minute £80

### LYMPHATIC DRAINAGE FOR FACE & NECK

45 minutes £45

As a Facial

60 minutes £60    75 minutes £70    90 minutes £80

### NATURAL LIFT FACE MASSAGE

45 minutes £45

As a Facial

60 minutes £60    75 minutes £70    90 minutes £80

### DEEP CLEANSING FACIAL

45 minutes £45    60 minutes £60

75 minutes £70    90 minutes £80

### BRIGHTENING FACIAL

45 minutes £45    60 minutes £60

75 minutes £70    90 minutes £80

## JENNY HULIN

(Advanced course certificate Reflexology, Member of the federation of precision Reflexologists). Wonderful way to Relax and Rejuvenate, whilst having your feet massaged with therapeutic benefits.

### REFLEXOLOGY

30 minutes £30

60 minutes £40

Lower leg/ankle massage with Reflex points to soothe and energise tired achy feet. (very helpful for swollen ankles)

30 minutes £30

For further details of the treatments available, or to make a booking please contact Reception.  
We request the payment is made direct to the therapist.