

LOUNGE, BAR & TERRACE MENU

SANDWICHES

Served on a choice of Granary, Wholemeal or White Sliced Bread, White or Brown Gluten Free Bread with Red Cabbage Slaw and Potato Crisps

EGG MAYONNAISE AND CRESS (V)	12.5
White 887 Kcal Wholemeal 888 Kcal Granary 894 Kcal GF White 910 Kcal GF Brown 918 Kcal	
CHEDDAR CHEESE AND CHUTNEY (V)	12.5
White 1088 Kcal Wholemeal 1089 Kcal Granary 1105 Kcal GF White 1121 Kcal GF Brown 1129 Kcal	
HAM AND MUSTARD	13.75
White 627 Kcal Wholemeal 628 Kcal Granary 644 Kcal GF White 660 Kcal GF Brown 668 Kcal	
CHICKEN, LETTUCE AND TOMATO	13.75
White 620 Kcal Wholemeal 621 Kcal Granary 637 Kcal GF White 653 Kcal GF Brown 661 Kcal	
TUNA MAYONNAISE AND CUCUMBER	13.75
White 776 Kcal Wholemeal 777 Kcal Granary 793 Kcal GF White 809 Kcal GF Brown 817 Kcal	
ROASTED SIRLOIN OF BEEF AND HORSERADISH SAUCE	15.5
White 753 Kcal Wholemeal 754 Kcal Granary 770 Kcal GF White 786 Kcal GF Brown 794 Kcal	
PRAWNS AND MARIE ROSE SAUCE	15.5
White 754 Kcal Wholemeal 755 Kcal Granary 771 Kcal GF White 787 Kcal GF Brown 795 Kcal	
CORNISH CRAB AND MAYONNAISE	15.5
White 1028 Kcal Wholemeal 1029 Kcal Granary 1045 Kcal GF White 1061 Kcal GF Brown 1069 Kcal	
SMOKED SALMON AND CREAM CHEESE	15.5
White 792 Kcal Wholemeal 793 Kcal Granary 809 Kcal GF White 825 Kcal GF Brown 833 Kcal	
HUMMUS AND ROASTED PEPPER (VE)	12.5
White 692 Kcal Wholemeal 693 Kcal Granary 709 Kcal GF White 725 Kcal GF Brown 733 Kcal	
VEGAN SMOKED CHEESE AND CHUTNEY (VE)	12.5
White 904 Kcal Wholemeal 905 Kcal Granary 921 Kcal GF White 937 Kcal GF Brown 945 Kcal	

LIGHT BITES

SOUP OF THE DAY	7.75
Please ask for details	
PRAWN COCKTAIL 412 Kcal	18.75
Prawns, Marie Rose Sauce, Baby Gem Lettuce, Lemon, Brown Bread and Butter	
SMOKED SALMON 575 Kcal	18.75
Pickled Shallots, Capers, Cornichons, Lemon, Dressed Salad Leaves, Bread Roll	
LOCAL CRAB AND MAYONNAISE 874 Kcal	21
Pickled Cucumber, Grapefruit, Dressed Salad Leaves, Lemon, Bread Roll	
GOATS CHEESE AND BEETROOT (V) 753 Kcal	15.5
Orange, Dressed Salad Leaves, Hazelnut Dressing	
VEGAN GREEK STYLE CHEESE & BEETROOT (VE) 707 Kcal	15.5
Orange, Dressed Salad Leaves, Hazelnut Dressing	

Our Lounge Menu is available from noon - 2pm. Adults need around 2000 Kcal a day.
Please inform us of any food allergies or special dietary requirements.
Prices are shown in sterling and are per person.

LOUNGE, BAR & TERRACE MENU

MAIN COURSES

BEER BATTERED FISH AND CHIPS 1400 Kcal	23
Tartar Sauce, Peas, Dressed Leaves, Lemon	
BREADED SCAMPI AND CHIPS 1243 Kcal	20
Tartar Sauce, Peas, Dressed Leaves, Lemon	
VEGAN COTTAGE PIE (VE) 433 Kcal	19
Vegan Mince Ragu, Crushed Potato Topping, Seasonal Vegetables	
MUSHROOM, SPINACH AND CREAM CHEESE RISOTTO (V) 701 Kcal	19
Baby Watercress	
SPECIALS OF THE DAY	19
(please ask for details)	
HARISSA ROASTED AUBERGINE (VE) 486 Kcal	19
Tomato and Chickpea Ragu, Vegan Greek Style Cheese, Mixed Leaf Salad	
CALF'S LIVER 685 Kcal	23
Creamed Potato, Bacon, Onion Gravy, Seasonal Vegetables	
BERTIE'S BURGER 1406 Kcal	26.5
West country Beef Burger, Bacon Jam, Pancetta, Monterey Jack Cheese, Truffle Mayonnaise, Brioche Bun, Frites, Red Cabbage Slaw and Dressed Salad Leaves	
OMELETTE ARNOLD BENNETT 1345 Kcal	20
Four Egg Omelette, Smoked Haddock, Gruyère Cream, Mixed Leaf Salad and Frites	
CLUB SANDWICH 1248 Kcal	20
Toasted Sandwich with Chicken, Bacon, Tomato, Lettuce and Mayonnaise	
8OZ SIRLOIN STEAK AND CHIPS 1318 Kcal	34
Mushroom, Tomato, Onion Rings and Choice of Sauce: Garlic Butter 341 Kcal Peppercorn Sauce 107 Kcal Stilton Cream 623 Kcal	

SIDES

FRITES 404 Kcal	6.25
CHUNKY CHIPS 432 Kcal	6.25
BUTTERED NEW POTATOES 190 Kcal	5
MIXED LEAF SALAD 20 Kcal	3.75
SEASONAL VEGETABLES 47 Kcal	5
BREAD ROLL AND BUTTER 380 Kcal	1.75

SWEETS & BEVERAGES

PLEASE ASK FOR DAILY DESSERT OPTIONS	9
SELECTION OF ICE CREAMS AND SORBET (please ask a member of staff for details)	
2 scoops	5
3 scoops	7
SELECTION OF TEAS AND COFFEE	FROM 4.60