# source spa

membership pack



# SANCTUARY

for the mind, body and sou

Indulge in pure relaxation at The Victoria Hotel's Source Spowhere tranquillity meets luxury in the heart of Sidmouth.

Set beneath the bustling hotel, step down into a world of serenity as you enter The Victoria Hotel's Source Spa.

mmerse yourself in a world of soothing aromas, and expertly trained therapists. Whether you're seeking a calming massage, a revitalising facial, or a soothing soak in our spa bath, you'll experience a level of pampering that rivals the finest spas.



## DISCOVER BLISS

at our tranquil spa

Source Spa is dedicated to natural well-being and our spa facilities are inspired by our natural surroundings. A space to recharge and escape with all the facilities you would expect from a luxury spa.

#### Sauna

As guests step into the sauna, they are enveloped in warmth, melting away tension and stress with each soothing moment.

#### Steam Room

The steam room, infused with aromatic scents, provides a gentle embrace of moisture, purifying the body and invigorating the senses.

#### Spa Bath

Immerse yourself in blissful relaxation as you unwind in the soothing warmth of a spa bath, melting away the stresses of the day.





### Heated

## SWIMMING POOLS

As members you will have access to our indoor and outdoor heated swimming pools.

### Outdoor pool

Open May - September 8am - 7pm (weather permitting)

Surrounded by loungers for relaxing between swims or just to sunbathe.

#### Indoor pool

Open daily all year round 8am - 7pm

Our heated indoor pool offers guests a luxurious oasis for relaxation and rejuvenation, featuring sparkling waters and elegant surroundings.

#### State-of-the-art

### GYM

Our state-of-the-art gym is fully air-conditioned and features an impressive range of cardiovascular, resistance and functional fitness equipment.

#### Equipment includes

- · Dumbbell rack
- · Cable motion pulldown
- Treadmill
- · Rowing machine
- · Cross trainer
- Exercise bike
- · Leg extension machine





### MEMBERSHIP

privileges

As a member at The Victoria Source Spa you can enjoy:

- Unlimited access to Source Spa facilities including a heated indoor pool, sauna, spa bath and steam room
- Unlimited access to our fully equipped gym
- Unlimited access to the Victoria Lido including outdoor heated swimming pool (Open May - September)

- · 2 complimentary guest passes
- Unlimited access to our 18-hole putting green
- Use of freshly laundered towels and flip flops
- · Luxury changing facilities
- · Complimentary locker use
- · Free parking (whilst using the spa)

To sign up, call us on 01395 576006 or email our Spa Manager at spamanager@victoriahotel.co.uk

Memberships

Individual Annual £79 per month

Individual 6 Month £84 per month

Individual 1 Month £94 per month

Couples Annual £74 per person per month



### TREATMENTS

& products

Created to blend results-driven treatments with holistic wellness, our products complement the range of spa treatments.

- · Two treatment rooms
- Facials: cosmeceutical results-driven + natural
- Body therapy: massage, scrubs + wellness
- · Men: specialised facials
- Beauty: waxing, lash + brow tinting

### Spa products

#### Source Spa Collection

- Holistic wellness
- · 100% naturally derived
- · Clean skincare
- · Cruelty free

Members are entitled to 10% OFF any spa treatment and 20% OFF products



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