## LOUNGE BAR TERRACE

MENU





Opened in 1904, The Victoria Hotel was one of the very first purpose-built hotels in Sidmouth. Lovingly restored, the Victoria Hotel has many authentic historical features, such as oak panelling, the sweeping original wooden staircase and charming stone turret rooms. Sidmouth rose to prominence when coastal bathing became popular in the Regency and Victorian periods. Indeed, Queen Victoria herself was brought to Sidmouth when she was only a baby. Years later, her third son, the Duke of Connaught became a regular visitor and Sidmouth's famous Connaught Gardens are named in his honour.

Our Lounge Menu is available from noon - 2pm. Prices are shown in sterling and are per person.

## SANDWICHES

Served on a choice of Granary G, Wholemeal G, or White Sliced Bread G, White Gluten Free GF, E or Brown Gluten Free Bread GF, E with Red Cabbage Slaw M, E, C and Potato Crisps.

14.5

18

EGG MAYONNAISE AND CRESS V, GF?, M, E, C, G

Kcals: White 887   Wholemeal 888   Granary 894   GF White 910   GF Brown 918	
CHEDDAR CHEESE AND CHUTNEY V, GF?, D, M, E, C, G Kcals: White 1088   Wholemeal 1089   Granary 1105   GF White 1121   GF Brown 11	14.5 29
HAM AND ENGLISH MUSTARD M, E, C, G  Kcals: White 627   Wholemeal 628   Granary 644   GF White 660   GF Brown 668	16.25
CHICKEN, LETTUCE AND TOMATO GF?, M, E, C, G  Kcals: White 620   Wholemeal 621   Granary 637   GF White 653   GF Brown 661	16.25
CORONATION CHICKEN GF?, M, E, C, N, SU, G  Kcals: White 887   Wholemeal 888   Granary 894   GF White 910   GF Brown 918	16.25
TUNA MAYONNAISE AND CUCUMBER GF?, M, E, C, F, G Kcals: White 776   Wholemeal 777   Granary 793   GF White 809   GF Brown 817	16.25
ROASTED SIRLOIN OF BEEF AND HORSERADISH SAUCE GF?, M, E, C, SU, G Kcals: White 753   Wholemeal 754   Granary 770   GF White 786   GF Brown 794	18
PRAWNS AND MARIE ROSE SAUCE M, E, CR, C, G Kcals: White 754   Wholemeal 755   Granary 771   GF White 787   GF Brown 795	18
CORNISH CRAB AND MAYONNAISE GF?, M, E, CR, C, G  Kcals: White 1028   Wholemeal 1029   Granary 1045   GF White 1061   GF Brown 10	18 69
SMOKED SALMON AND CREAM CHEESE GF?, D, M, E, C, F, G Kcals: White 792   Wholemeal 793   Granary 809   GF White 825   GF Brown 833	18
HUMMUS AND ROASTED PEPPER VE, GF?, M, E, C, S, G Kcals: White 692   Wholemeal 693   Granary 709   GF White 725   GF Brown 733	14.5
VEGAN SMOKED CHEESE AND CHUTNEY VE, GF?, M, E, C, G Kcals: White 904   Wholemeal 905   Granary 921   GF White 937   GF Brown 945	14.5
LIGHT BITES	
PRAWN COCKTAIL 412 Kcal Prawns, Marie Rose Sauce, Baby Gem Lettuce, Lemon, Sliced Brown Bread G, D, E, CR, C, F	21
SMOKED SALMON GF? 795 Kcal Cream Cheese, Lemon, Caper and Samphire Salad, Bread D, M, G	21 G, C, F
LOCAL CRAB AND MAYONNAISE SALAD GF? 855 Kcal Grapefruit, Samphire, Capers, Pickled Red Onion, Bread G, D, M,	24 E, CR, C
GOATS CHEESE AND BEETROOT V, GF 753 Kcal Orange, Hazelnut Salad D, M, C, N, SU	18
VEGAN GREEK STYLE CHEESE AND BEETROOT VE, GF 707 Orange, Hazelnut Salad M, C, N, SU	Kcal 18
CORONATION CHICKEN SALAD GF 498 Kcal Sultanas, Dried Apricots, Almonds M, E, C, N, SU	21
CURED MEAT PLATTER GF? 1199 Kcal Hummus, Olives, Gherkins, Bread G, S	21
TABBOULEH AND BROCCOLI SALAD 168 Kcal	
With Smoked Salmon 134 Kcal G, M, C, F, SU, S, SO or Chicken 354 Kcal G, M, C, SU, S, SO	21 21

or with Tofu VE 214 Kcal G, M, C, SU, S, SO

## MAIN COURSES

BEER BATTERED FISH AND CHIPS 1400 Kcal Tartar Sauce, Peas, Dressed Leaves, Lemon G, M, E, C, F, SU	26
BREADED SCAMPI AND CHIPS 1243 Kcal Tartar Sauce, Peas, Dressed Leaves, Lemon G, M, E, CR, C, SU	23
VEGAN COTTAGE PIE VE, GF 433 Kcal Vegan Mince Ragu, Crushed Potato Topping, Seasonal Vegetables so	22
MUSHROOM, SPINACH AND CREAM CHEESE RISOTTO V, GF 701 Kcal Baby Watercress D, C	22
HARISSA ROASTED AUBERGINE VE, GF 486 Kcal Tomato and Chickpea Ragu, Vegan Greek Style Cheese, Mixed Leaf Salad M, C	22
CALF'S LIVER GF? 685 Kcal Creamed Potato, Bacon, Onion Gravy, Seasonal Vegetables G, D, C	26 c, su
BERTIE'S BURGER 1406 Kcal West Country Beef Burger, Bacon Jam, Pancetta, Monterey Jack Cheese, Truffle Mayonnaise, Brioche Bun, Frites, Red Cabbage Slaw and Dressed Salad Leaves G, D, M, E, C	29
OMELETTE ARNOLD BENNETT 1345 Kcal Four Egg Omelette, Smoked Haddock, Gruyère Cream, Mixed Leaf Salad and Frites D, M, E, C, F	23
CLUB SANDWICH GF? 1248 Kcal Toasted Sandwich with Chicken, Bacon, Tomato, Lettuce and Mayonnaise G, D, M, E, C	21
8oz SIRLOIN STEAK AND CHIPS 1318 Kcal Mushroom, Tomato and Onion Rings G, D Garlic Butter 341 Kcal D   Peppercorn Sauce 107 Kcal G, D, C, SU Stilton Cream 623 Kcal D	38
PORK AND LEEK SAUSAGES GF? 825 Kcal Creamed Potato, Onion Gravy, Seasonal Vegetables G, D, C, SU	23
SIDE DISHES	
FRITES 404 Kcal	7
CHUNKY CHIPS 432 Kcal	7
BUTTERED NEW POTATOES VE?, GF 190 Kcal D	5.5
MIXED LEAF SALAD VE, GF 20 Kcal M, C	4
SEASONAL VEGETABLES VE?, GF? Kcals varies daily	5.5
BREAD ROLL AND BUTTER GF? 380 Kcal G, D	2
SWEETS & BEVERAGE	ES
PLEASE ASK FOR DAILY DESSERT OPTIONS Kcals varies daily SELECTION OF ICE CREAMS	10
AND SORBET Kcals varies 1 scoop 4   2 scoops 6.5   3 scoops (Please ask a member of staff for details)	ops 9
SELECTION OF TEAS AND COFFEE fro	m 4.6

GF Gluten Free GF? Can be Gluten Free (please ask)

V Vegetarian VE Vegan VE? Can be Vegan (please ask)

D DAIRY G GLUTEN M MUSTARD E EGG MO MOLLUSCS CR CRUSTACEAN C CELERY N NUTS F FISH SU SULPHUR DIOXIDE S SESAME SO SOYA P PEANUTS L LUPIN

Adults need around 2000 Kcal a day. Our dishes may contain traces of allergens. Please let us know if you have any allergens or special dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

